

BLOCKING

Possible on most social media sites and most email and messaging platforms.

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Abusers are no longer able to harass you directly from the blocked account.

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Blocking abusers can make them angry. They may create new accounts to harass you from.

MUTING

Known as silencing or snoozing depending on the platform.

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You no longer have to see/read harassment. Abusers do not know they have been muted.

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Abuse could be still happening but you can not monitor it.

TIP: Ask a trusted ally to keep an eye on your account and your mentions.



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